

For Immediate Release
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League of the United Latin American Citizens



Arlington LULAC Council 22320

Press Release

Arlington LULAC Council 22320 announces endorsement for the Start School Later initiative and urges the Arlington Independent School District Board of Trustees to follow the national trend and adopt a start school time policy of no earlier than 8:30 AM for the school district's high schools.

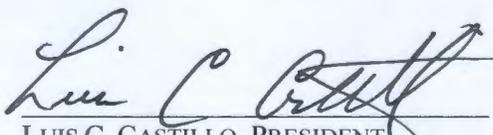
Arlington, TX – The Arlington LULAC Council 22320 is pleased to announce its endorsement of the Start School Later initiative. Luis C. Castillo, President of Arlington LULAC Council 22320 said, “we are excited to join the ever-growing national number of educational, health, and civic organizations, and government agencies and officials supporting the evidence-based recommendations that school start times for high school students start no earlier than 8:30 am.”

Early school start times are a national public health concern that poses negative impacts on children, families and the community at large. Students are chronically sleep-deprived and in many communities, students are walking and driving to school in pre-dawn darkness

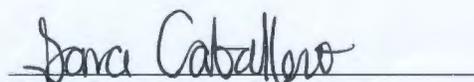
The American Academy of Pediatrics, American Medical Association, and the Centers for Disease Control, have recommended that traditional school start times be restored. These three organizations are calling for educators, health professionals, parents, students and public officials to work together for safe, healthy communities.

The Start School Later initiative is a coalition of health professionals, sleep scientists, educators, parents, students, and other concerned citizens dedicated to increasing public awareness about the relationship between sleep and school hours and to ensuring school start times compatible with health, safety, education, and equity. Castillo added, “Arlington LULAC Council 22320 is proud to be part of this national movement backed by scientific research and aimed at improving the health, safety, and academic success of our students.

Since school start time policies are determined at the local school district or individual school level, we urge the Arlington Independent School District Board of Trustees to follow the national trend and adopt a start school time policy of no earlier than 8:30 AM for the school district's high schools.



LUIS C. CASTILLO, PRESIDENT
9/7/2016



SARA CABALLERO, SECRETARY

“The Mission of the LULAC Arlington Council 22320 is to advance the economic condition, educational attainment, political influence, housing, health and civil rights of the Hispanic population of Arlington, Texas.”