





Stop

Look

Listen

Pay attention to the signs and put an end to starting public school instruction before 8:00am

<u>Health</u>

- Less sleep deprivation
- Less depression
- Reduced obesity and diabetes
- Decreased substance abuse
- Decrease in suicidal tendencies
- Obey sleep rhythms of growing children so they learn when they function best



Equity

- Fairness for students without cars or parents at home to get to school safely
- Able to compete academically with private schools that start later
- Improved school performance (nearly doubles for economically disadvantaged students!)



- Less early morning teen driver accidents
- Reduced drowsy driving
- No waiting or walking in dark, low visibility settings
- Less risky behaviors associated with unsupervised time





Get the facts and sign our petition at www.StartSchoolLater.net