



2023-2024 Public School Hours in Maryland

RED = (1) Middle and high school start times that do not meet the American Academy of Pediatrics recommendation that such schools *not* start before 8:30 a.m. and (2) the elementary school start time is earlier than 8 a.m.

GREEN = Start times of 8:30 a.m. or later for middle and high schools and/or elementary school starts of 8 a.m. or later, per the Orange Ribbon for Health School Hours.

* The Orange Ribbon Healthy School Hours Certification program was signed into law in April 2016. The certification has three levels, from lowest to highest: Limited, Honorable Mention, Commended

County/School District	HS start time or start ranges	MS start time or start ranges	ES start time or start ranges	Does the district currently qualify for a Healthy School Hours Orange Ribbon Recognition?*
Allegany County	7:40	7:40	8:00 to 8:45	
Anne Arundel County	8:30	9:15	8:00 to 8:30	Yes! Commended the highest level! Implemented in 2022-2023 school year
Baltimore City	7:30 to 9:00	7:30 to 9:15	7:30 to 9:15	Moved a number of schools earlier in 2022-2023 school year.
Baltimore County	7:10 to 7:45	7:40 to 8:30	8:35 to 9:20	
Calvert County	7:25 to 7:40	7:22 to 8:25	8:30	
Caroline County	7:50	7:40	9:00	
Carroll County	7:30	8:25 to 8:35	7:45 to 9:30	
Cecil County	7:40	7:50-8:10	9:00	
Charles County	7:25 to 8:05	7:45 to 8:50	8:30 to 9:30	
Dorchester County	7:50 to 8:15	7:55 to 8:05	8:30 to 9:00	
Frederick County	7:30	8:00	8:20 to 9:00	
Garrett County	8:25	8:30	8:15 to 8:40	Yes! Honorable Mention
Harford County	7:30	8:15	9 to 9:30	
Howard County	8:00	8:00 to 8:40	8:40 to 9:15	Yes! Honorable Mention. Moved school hours in 2023-2024 school year
Kent County	7:45	8:40	8:00 to 9:00	
Montgomery County	7:45	7:55 to 8:15	9:00 to 9:25	Yes, Limited or Honorable Mention The district moved start times later than they were before in 2015, but there's more work to do.
Prince George's County	7:45 to 9:30	7:45 to 9:30	7:45 to 9:15	
Queen Anne's County	7:35	7:45	7:30 to 8:55	
Somerset County	7:30	7:20	8:00	
St Mary's County	8:00	7:20 to 8	8:25 to 9:00	
Talbot County	7:45 to 7:50	7:45 to 7:50	8:40	
Washington County	8:45	7:20 to 8:45	7:30 to 9:15	
Wicomico County	7:45	7:45 to 9:15	8:15 to 9:15	
Worcester County	7:48 to 8:07	7:30 to 8:00	7:45 to 8:30	