



2023-2024 Public School Hours in Maryland

RED = (1) Middle and high school start times that do not meet the American Academy of Pediatrics recommendation that such schools *not* start before 8:30 a.m. and (2) the elementary school start time is earlier than 8 a.m.

GREEN = Start times of 8:30 a.m. or later for middle and high schools and/or elementary school starts of 8 a.m. or later, per the Orange Ribbon for Health School Hours.

* The Orange Ribbon Healthy School Hours Certification program was signed into law in April 2016. The certification has three levels, from lowest to highest: Limited, Honorable Mention, Commended

County/School District	HS start time or start ranges	MS start time or start ranges	ES start time or start ranges	Does the district currently qualify for a Healthy School Hours Orange Ribbon Recognition?*
Allegany County	7:40	7:40	8:00 to 8:45	
Anne Arundel County	8:30	9:15	8:00 to 8:30	Yes! Commended (the highest level)! Implemented in 2022-2023 school year
Baltimore City	7:30 to 9:00	7:30 to 9:15	7:30 to 9:15	Moved a number of schools earlier in 2022-2023 school year.
Baltimore County	7:10 to 7:45	7:40 to 8:30	8:35 to 9:20	
Calvert County	7:25 to 7:40	7:22 to 8:25	8:30	
Caroline County	7:50	7:40	9:00	
Carroll County	7:30	8:25 to 8:35	7:45 to 9:30	
Cecil County	7:40	7:50-8:10	9:00	
Charles County	7:25 to 8:05	7:45 to 8:50	8:30 to 9:30	
Dorchester County	7:50 to 8:15	7:55 to 8:05	8:30 to 9:00	
Frederick County	7:30	8:00	8:20 to 9:00	
Garrett County	8:25	8:30	8:15 to 8:40	Yes! Honorable Mention
Harford County	7:30	8:15	9 to 9:30	
Howard County	7:50	7:50 to 8:30	8:40 to 9:25	Yes! Honorable Mention. Moved school hours in 2023-2024 school year, but in September 2023 moved middle and high schools 10 minutes earlier and many elementary schools 10 minutes later, for operational reasons. Still more work to do.
Kent County	7:45	8:40	8:00 to 9:00	
Montgomery County	7:45	7:55 to 8:15	9:00 to 9:25	Yes, Limited or Honorable Mention! The district moved start times later than they were before in 2015, but there's still more work to do.
Prince George's County	7:30 to 9:30	7:30 to 9:30	7:30 to 9:15	Moved a number of schools (including nearly all high schools) earlier in 2024-2025 school year.
Queen Anne's County	7:35	7:45	7:30 to 8:55	
Somerset County	7:30	7:20	8:00	
St Mary's County	8:00	7:20 to 8	8:25 to 9:00	
Talbot County	7:45 to 7:50	7:45 to 7:50	8:40	
Washington County	8:45	7:20 to 8:45	7:30 to 9:15	
Wicomico County	7:45	7:45 to 9:15	8:15 to 9:15	
Worcester County	7:48 to 8:07	7:30 to 8:00	7:45 to 8:30	

