

Deborah P. Steinbaum, M.D., M.P.H., F.A.A.P., is a general pediatrician in private practice at PediatriCare Associates in Northern NJ. Prior to her current position, she was an assistant professor of pediatrics at the Mount Sinai School of Medicine in New York City, specializing in primary care and child abuse pediatrics. She is a graduate of Harvard College and the Yale University School of Medicine and completed her Pediatric Residency and a General Academic Pediatric Fellowship at Mount Sinai, where her research involved the integration of mental health into



primary care pediatrics. After moving to New Jersey, she entered private practice while also working part time as a child abuse physician in Newark, NJ.

She currently serves as school physician for the Wanaque NJ School District and The Forum School and is on the NJAAP Governmental Affairs Committee and the NJAAP Task Force for Adolescent Health and School Start Times. In her hometown of Ridgewood, NJ, she leads the local chapter of Start School Later; the local high school has now begun its second year with a later start time of 8:20am.

Dr Steinbaum maintains an avid interest in public policy and was part of One Village One Vote, a successful campaign to consolidate the timing of local elections in Ridgewood. She is also a member of the town's Shade Tree Committee. Dr. Steinbaum grew up in Bergen County and lives with her husband and their two children, two cats, and dog.