

Maryland Public Schools Middle School Start Times: 2023-2024 School Year

The **American Academy of Pediatrics** recommends that middle and high schools start at **8:30 a.m. or later**.

The **American Medical Association, American Psychological Association, American Academy of Child & Adolescent Psychiatry, the National Association of School Nurses, the Education Commission of the States and the National PTA** agree.

As detailed here, many of Maryland public middle schools open well before 8:30 a.m. There are also quite a few that begin after 8:30 a.m.

Early bus pick-ups require students to wake at hours long before what is safe, healthy, and developmentally-appropriate for their still-growing brains and bodies. Teaching sleep-deprived adolescents challenging academics, in the 7 a.m. hour is both cruel and undermining.

With such schedules, adolescents have to be in bed and *asleep* at 8 or 9 p.m. in order to get the amount of sleep they need. This just isn't possible — for biological and logistical reasons. When students oversleep and miss the bus, many wind up being extremely tardy or entirely absent from school due, when they lack transportation alternatives.

ALLEGANY COUNTY

Braddock MS	7:40
Mount Savage (K-8)	7:30
Washington MS	7:40
Westmar MS	7:40

ANNE ARUNDEL COUNTY

Annapolis MS	9:15
Arundel MS	9:15
Bates MS	9:15
Brooklyn Park MS	9:15
Central MS	9:15
Chesapeake Bay MS	9:15
Corkran MS	9:15
Crofton MS	9:15
Lindale MS	9:15
MacArthur	9:15
Magothy River MS	9:15
Marley MS	9:15
Meade MS	9:15
North East MS	9:15
Old Mill MS North	9:15
Old Mill MS South	9:15
Severn River MS	9:15
Severna Park MS	9:15
Southern MS	9:15
Phoenix Academy	9:15
Chesapeake Science Point Charter	8:20

BALTIMORE CITY

Academy for College and Career Exploration	8:00
Arlington ES/MS	9:15
Armistead Gardens ES/MS	7:45
Baltimore Collegiate School for Boys	8:30
Baltimore Design School	8:45
Baltimore International Academy (K-8)	7:30
Baltimore International Academy West (K-8)	9:00
Baltimore Leadership School for Young Women	8:45

Baltimore Montessori Public Charter	8:00
Barclay ES/MS	9:00
Bay Brookes ES/MS	9:00
Beechfield ES/MS	8:00
Bluford Drew Jemison STEM Academy West	8:00
Booker T. Washington MS	8:45
Cherry Hill ES/MS	8:45
City Neighbors Charter School	8:00
City Neighbors Hamilton	8:00
City Springs ES/MS	8:55
Claremont	9:15
Collington Square ES/MS	9:15
Commodore John Rodgers ES/MS	9:00
ConnXions: Community Based Art School	9:00
Cross Country ES/MS	9:15
The Crossroads School	8:45
Curtis Bay ES/MS	7:30
Dickey Hill ES/MS	7:30
Dr. Nathan A. Pitts-Ashburton ES/MS	8:00
Elmer A Henderson: A John Hopkins Partnership School	9:00
Empowerment Academy	7:45
Excel Academy at Francis M. Wood HS	9:00
Fallstaff ES/MS	7:30
Forth Worthington ES/MS	7:45
Francis Scott Key ES/MS	9:00
Franklin Square ES/MS	7:45
Garrett Heights ES/MS	9:00
Glenmount ES/MS	8:00
Graceland Park-O'Donnell Heights ES/MS	7:30
Hamilton ES/MS	7:30
Hampden ES/MS	7:30

Hampstead Hill Academy	8:00
Harlem Park ES/MS	8:00
Hazelwood ES/MS	8:00
Highlandtown ES/MS No 215	8:00
Highlandtown ES/MS No 237	8:00
Holabrid ES/MS	9:00
James McHenry ES/MS	9:00
John Ruhrah ES/MS	7:45
Joseph C. Briscoe Academy	7:30
Katherine Johnson Global Academy (3-8)	8:00
KIPP Harmony Academy	7:30
Lakeland ES/MS	8:45
Leith Walk ES/MS	8:00
Lillie May Carroll Jackson School	8:00
Lois T. Murray ES/MS	9:15
Maree G. Farring ES/MS	8:00
Margaret Brent ES/MS	7:45
Midtown Academy	8:00
Montebello ES/MS	7:45
Morrell Park ES/MS	7:30
Mount Royal ES/MS	8:00
National Academy Foundation	8:45
New Song Academy	8:45
North Bend ES/MS	9:00
Patterson Park Public Charter School	7:45
Pimlico ES/MS	7:45
Roland Park ES/MS	8:00
Rosemont ES/MS	7:45
Southwest Baltimore Charter School	8:45
Stadium School	7:45
Tench Tilghman ES/MS	8:00
Thomas Jefferson ES/MS	8:00
Thomas Johnston ES/MS	7:45
Turnbridge Public Charter School	7:45

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Vanguard Collegiate MS	7:45	Sudbrook Magnet MS	8:30	<u>CHARLES COUNTY</u>	Aberdeen MS	8:15	
Violetville ES/MS	7:30	Windsor Mill MS	8:30	Theodore G. Davis	8:50	Bel Air MS	8:15
Walter P. Carter ES/MS	9:15	Woodlawn MS	8:15	John Hanson MS	8:30	Edgewood MS	8:15
Waverly ES/MS	8:45			Mathew Henson MS	8:30	Fallston MS	8:15
Westport Academy	9:15	<u>CALVERT COUNTY</u>		Mattawomen MS	8:25	Harve de Grace MS	8:15
Williams S. Bear School	9:15	Calvert MS	7:22	Piccowaxen MS	7:45	Magnolia MS	8:15
Woodhome ES/MS	7:30	Mill Creek MS	8:05	General Smallwood MS	8:40	North Harford MS	8:15
		Northern MS	7:22	Milton M. Somers MS	7:30	Patterson Mill MS	8:15
<u>BALTIMORE COUNTY</u>		Plum Point MS	8:10	Benjamin Stoddert MS	8:30	Southampton MS	8:15
Arbutus MS	8:20	Southern MS	8:25				
Catonsville MS	8:15	Windy Hill MS	8:07	<u>DORCHESTER COUNTY</u>		<u>HOWARD COUNTY</u>	
Cockeysville MS	8:00			Mace's Lane MS	7:50	Bonnie Branch MS	8:40
Crossroads Center	9:30	<u>CAROLINE COUNTY</u>		North Dorchester MS	7:55	Burleigh Manor MS	8:40
Deep Creek MS	8:15	Lockerman MS	7:40	South Dorchester (K-8)	9:00	Clarksville MS	8:00
Deer Park MS Magnet	8:10	Colonel Richardson MS	7:40			Dunloggin MS	8:00
Dumbarton MS	8:15			<u>FREDERICK COUNTY</u>		Elkridge Landing MS	8:00
Dundalk MS	8:15	<u>CARROLL COUNTY</u>		Ballenger Creek MS	7:30	Ellicott Mills MS	8:40
Franklin MS	7:50	East MS	8:35	Brunswick MS	8:00	Folly Quarter MS	8:00
General John Stricker MS	8:25	Mt. Airy MS	8:25	Crestwood MS	8:00	Glenwood MS	8:40
Golden Ring MS	8:10	North Carroll MS	8:30	Governor Thomas Johnson MS	7:50	Hammond MS	8:40
Hereford MS	7:40	Northwest MS	8:25	Middletown MS	8:00	Harper's Choice MS	8:40
Holabird MS	8:15	Shiloh MS	8:25	Monocacy MS	8:00	Lake Elkhorn MS	8:40
Lansdowne MS	8:05	Sykesville MS	8:25	New Market MS	8:00	Lime Kiln MS	8:40
Loch Raven Technical Academy	8:15	West MS	8:35	Oakdale MS	8:12	Mayfield Woods MS	8:40
Meadowood Education Center	8:00	Carroll Springs K-12	8:35	Thurmont MS	7:25	Mount View MS	8:40
Middle River MS	8:15	Gateway 6-12	7:35	Urbana MS	8:00	Murray Hill MS	8:40
Northwest Academy of Health Science	8:10			Walkerville MS	8:00	Oakland Mills MS	8:00
Parkville MS	8:10	<u>CECIL COUNTY</u>		West Frederick MS	8:00	Patapsco MS	8:40
Perry Hall MS	8:20	Bohemia Manor MS	7:40	Windsor Knolls MS	8:00	Patuxent Valley MS	8:00
Pine grove MS	8:10	Cherry Hill MS	7:40			Thomas Viaduct MS	8:40
Ridgely MS	8:15	Elkton MS	7:40	<u>GARRETT COUNTY</u>		Wilde Lake MS	8:40
Rosedale Center	7:00	North East HS	7:40	Northern MS	8:30		
Southwest Academy	8:05	Perryville MS	7:40	Southern MS	8:30	<u>KENT COUNTY</u>	
Sparrows Point MS	8:05	Rising Sun MS	7:40			Kent County MS	8:40
Stemmers Run MS	8:25			<u>HARFORD COUNTY</u>			

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MONTGOMERY COUNTY

Argyle MS	8:15
John. T. Baker MS	8:15
Benjamin Banneker MS	8:15
Briggs Chaney MS	8:15
Cabin John MS	8:15
Roberto Clemente MS	8:15
Eastern MS	8:15
William H. Farquhar MS	8:15
Forest Oaks MS	8:15
Robert Frost MS	8:15
Gaithersburg MS	8:15
Herbert Hoover MS	8:15
Francis Scott Key MS	8:15
Dr. Martin Luther King Jr. MS	8:15
Kingsview MS	8:15
Lakeland Park MS	8:15
Colonel E Brooke Lee	8:15
A. Mario Loiderman MS	8:15
Montgomery Village	8:15
Neelsville MS	8:15
Newport Mill MS	8:15
North Bethesda MS	8:15
Parkland MS	8:15
John Poole MS	7:55
Thomas W. Pyle MS	8:15
Redland MS	8:15
Ridgeview MS	8:15
Shady Grove MS	8:15
Silver Creek MS	8:15
Silver Spring International	8:15
Sligo MS	8:15
Takoma Park MS	8:15
Tilden MS	8:15
Hallie Wells MS	8:15

Julius West MS	8:15
Westland MS	8:15
White Oak MS	8:15
Earle B. Wood MS	8:15

PRINCE GEORGE'S COUNTY

Benjamin Stoddert MS	8:30
Benjamin Tasker MS	8:30
Buck Lodge MS	8:30
Charles Carroll MS	8:30
Drew Freeman MS	7:45
Earnest E. Just MS	9:00
G. James Gholson MS	9:30
Greenbelt MS	9:00
Gwynn Park MS	7:30
Hyattsville MS	9:10
Isaac Gourdine MS	7:45
James Madison MS	9:30
Kenmoor MS	9:30
Kettering MS	7:45
Martin Luther King Jr. MS	9:10
Nicholas Orem MS	9:30
Oxon Hill MS	8:30
Stephen Decatur MS	9:30
Thomas Johnson MS	9:00
Thurgood Marshall MS	9:00
Walker Mill MS	9:30
William Wirt MS	9:00

QUEEN ANNE'S COUNTY

Centerville MS	8:50
Matapeake MS	8:00
Stevensville MS	7:40
Sudlersville MS	7:30

SOMERSET COUNTY

Somerset Intermediate	7:20
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ST MARY'S COUNTY

Chesapeake Public Charter	8:03
Esperanza MS	7:10
Leonardtwn MS	7:05
Margaret Brent MS	7:55
Spring Ridge MS	7:05

TALBOT COUNTY

Easton MS	7:35
St Michaels MS/HS	7:50

WASHINGTON COUNTY

Boonsboro MS	8:45
Clear Spring MS	8:40
E. Russell Hicks MS	7:30
Northern MS	7:30
Smithsburg MS	8:40
Springfield MS	7:35
Wester Heights MS	7:25

WICOMICO COUNTY

James M. Bennett MS	8:15
Mardela MS/HS	7:45
Pittsville MS	8:00
Salisbury MS	7:45
Wicomico MS	7:45

WORCESTER COUNTY

Pocomoke MS	8:10
Snow Hill MS	8:00
Steven Decatur MS	7:30