

# Maryland Public Schools Middle School Start Times: 2024-2025 School Year

The **American Academy of Pediatrics** recommends that middle and high schools start at **8:30 a.m. or later**.

The **American Medical Association, American Psychological Association, American Academy of Child & Adolescent Psychiatry, the National Association of School Nurses, the Education Commission of the States and the National PTA** agree.

As detailed here, many of Maryland public middle schools open well before 8:30 a.m. There are also quite a few that begin after 8:30 a.m.

Early bus pick-ups require students to wake at hours long before what is safe, healthy, and developmentally-appropriate for their still-growing brains and bodies. Teaching sleep-deprived adolescents challenging academics, in the 7 a.m. hour is both cruel and undermining.

With such schedules, adolescents have to be in bed and *asleep* at 8 or 9 p.m. in order to get the amount of sleep they need. This just isn't possible — for biological and logistical reasons. When students oversleep and miss the bus, many wind up being extremely tardy or entirely absent from school due, when they lack transportation alternatives.

## ALLEGANY COUNTY

Braddock MS	7:40
Mount Savage (K-8)	7:30
Washington MS	7:40
Westmar MS	7:40

## ANNE ARUNDEL COUNTY

Annapolis MS	9:15
Arundel MS	9:15
Bates MS	9:15
Brooklyn Park MS	9:15
Central MS	9:15
Chesapeake Bay MS	9:15
Corkran MS	9:15
Crofton MS	9:15
Lindale MS	9:15
MacArthur	9:15
Magothy River MS	9:15
Marley MS	9:15
Meade MS	9:15
North East MS	9:15
Old Mill MS North	9:15
Old Mill MS South	9:15
Severn River MS	9:15
Severna Park MS	9:15
Southern MS	9:15
Phoenix Academy	9:15
Chesapeake Science Point Charter	8:20

## BALTIMORE CITY

Academy for College and Career Exploration	8:00
Arlington ES/MS	9:15
Armistead Gardens ES/MS	7:45
Baltimore Collegiate School for Boys	8:30
Baltimore Design School	8:45
Baltimore International Academy (K-8)	7:30
Baltimore International Academy West (K-8)	9:00
Baltimore Leadership School for Young Women	8:45

Baltimore Montessori Public Charter	8:00
Barclay ES/MS	9:00
Bay Brookes ES/MS	9:00
Beechfield ES/MS	8:00
Bluford Drew Jemison STEM Academy West	8:00
Booker T. Washington MS	8:45
Cherry Hill ES/MS	8:45
City Neighbors Charter School	8:00
City Neighbors Hamilton	8:00
City Springs ES/MS	8:55
Claremont	9:15
Collington Square ES/MS	9:15
Commodore John Rodgers ES/MS	9:00
ConnXions: Community Based Art School	9:00
Cross Country ES/MS	9:15
The Crossroads School	8:45
Curtis Bay ES/MS	7:30
Dickey Hill ES/MS	7:30
Dr. Nathan A. Pitts-Ashburton ES/MS	8:00
Elmer A Henderson: A John Hopkins Partnership School	9:00
Empowerment Academy	7:45
Excel Academy at Francis M. Wood HS	9:00
Fallstaff ES/MS	7:30
Forth Worthington ES/MS	7:45
Francis Scott Key ES/MS	9:00
Franklin Square ES/MS	7:45
Garrett Heights ES/MS	9:00
Glenmount ES/MS	8:00
Graceland Park-O'Donnell Heights ES/MS	7:30
Hamilton ES/MS	7:30
Hampden ES/MS	7:30

Hampstead Hill Academy	8:00
Harlem Park ES/MS	8:00
Hazelwood ES/MS	8:00
Highlandtown ES/MS No 215	8:00
Highlandtown ES/MS No 237	8:00
Holabrid ES/MS	9:00
James McHenry ES/MS	9:00
John Ruhrah ES/MS	7:45
Joseph C. Briscoe Academy	7:30
Katherine Johnson Global Academy (3-8)	8:00
KIPP Harmony Academy	7:30
Lakeland ES/MS	8:45
Leith Walk ES/MS	8:00
Lillie May Carroll Jackson School	8:00
Lois T. Murray ES/MS	9:15
Maree G. Farring ES/MS	8:00
Margaret Brent ES/MS	7:45
Midtown Academy	8:00
Montebello ES/MS	7:45
Morrell Park ES/MS	7:30
Mount Royal ES/MS	8:00
National Academy Foundation	8:45
New Song Academy	8:45
North Bend ES/MS	9:00
Patterson Park Public Charter School	7:45
Pimlico ES/MS	7:45
Roland Park ES/MS	8:00
Rosemont ES/MS	7:45
Southwest Baltimore Charter School	8:45
Stadium School	7:45
Tench Tilghman ES/MS	8:00
Thomas Jefferson ES/MS	8:00
Thomas Johnston ES/MS	7:45
Turnbridge Public Charter School	7:45

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Vanguard Collegiate MS	7:45	Sudbrook Magnet MS	8:30	<b><u>CHARLES COUNTY</u></b>	Aberdeen MS	8:15	
Violetville ES/MS	7:30	Windsor Mill MS	8:30	Theodore G. Davis	8:50	Bel Air MS	8:15
Walter P. Carter ES/MS	9:15	Woodlawn MS	8:15	John Hanson MS	8:30	Edgewood MS	8:15
Waverly ES/MS	8:45			Mathew Henson MS	8:30	Fallston MS	8:15
Westport Academy	9:15	<b><u>CALVERT COUNTY</u></b>		Mattawomen MS	8:25	Harve de Grace MS	8:15
Williams S. Bear School	9:15	Calvert MS	7:22	Piccowaxen MS	7:45	Magnolia MS	8:15
Woodhome ES/MS	7:30	Mill Creek MS	8:05	General Smallwood MS	8:40	North Harford MS	8:15
		Northern MS	7:22	Milton M. Somers MS	7:30	Patterson Mill MS	8:15
<b><u>BALTIMORE COUNTY</u></b>		Plum Point MS	8:10	Benjamin Stoddert MS	8:30	Southampton MS	8:15
Arbutus MS	8:20	Southern MS	8:25				
Catonsville MS	8:15	Windy Hill MS	8:07	<b><u>DORCHESTER COUNTY</u></b>		<b><u>HOWARD COUNTY</u></b>	
Cockeysville MS	8:00			Mace's Lane MS	7:50	Bonnie Branch MS	8:30
Crossroads Center	9:30	<b><u>CAROLINE COUNTY</u></b>		North Dorchester MS	7:55	Burleigh Manor MS	8:30
Deep Creek MS	8:15	Lockerman MS	7:40	South Dorchester (K-8)	9:00	Clarksville MS	7:50
Deer Park MS Magnet	8:10	Colonel Richardson MS	7:40			Dunloggin MS	7:50
Dumbarton MS	8:15			<b><u>FREDERICK COUNTY</u></b>		Elkridge Landing MS	7:50
Dundalk MS	8:15	<b><u>CARROLL COUNTY</u></b>		Ballenger Creek MS	7:30	Ellicott Mills MS	8:30
Franklin MS	7:50	East MS	8:35	Brunswick MS	8:00	Folly Quarter MS	7:50
General John Stricker MS	8:25	Mt. Airy MS	8:25	Crestwood MS	8:00	Glenwood MS	8:30
Golden Ring MS	8:10	North Carroll MS	8:30	Governor Thomas Johnson MS	7:50	Hammond MS	8:30
Hereford MS	7:40	Northwest MS	8:25	Middletown MS	8:00	Harper's Choice MS	8:30
Holabird MS	8:15	Shiloh MS	8:25	Monocacy MS	8:00	Lake Elkhorn MS	8:30
Lansdowne MS	8:05	Sykesville MS	8:25	New Market MS	8:00	Lime Kiln MS	8:30
Loch Raven Technical Academy	8:15	West MS	8:35	Oakdale MS	8:12	Mayfield Woods MS	8:30
Meadowood Education Center	8:00	Carroll Springs K-12	8:35	Thurmont MS	7:25	Mount View MS	8:30
Middle River MS	8:15	Gateway 6-12	7:35	Urbana MS	8:00	Murray Hill MS	8:30
Northwest Academy of Health Science	8:10			Walkerville MS	8:00	Oakland Mills MS	7:50
Parkville MS	8:10	<b><u>CECIL COUNTY</u></b>		West Frederick MS	8:00	Patapsco MS	8:30
Perry Hall MS	8:20	Bohemia Manor MS	7:40	Windsor Knolls MS	8:00	Patuxent Valley MS	7:50
Pine grove MS	8:10	Cherry Hill MS	7:40			Thomas Viaduct MS	8:30
Ridgely MS	8:15	Elkton MS	7:40	<b><u>GARRETT COUNTY</u></b>			
Rosedale Center	7:00	North East HS	7:40	Northern MS	8:30	<b><u>KENT COUNTY</u></b>	
Southwest Academy	8:05	Perryville MS	7:40	Southern MS	8:30	Kent County MS	8:40
Sparrows Point MS	8:05	Rising Sun MS	7:40				
Stemmers Run MS	8:25			<b><u>HARFORD COUNTY</u></b>			

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## MONTGOMERY COUNTY

Argyle MS	8:15
John. T. Baker MS	8:15
Benjamin Banneker MS	8:15
Briggs Chaney MS	8:15
Cabin John MS	8:15
Roberto Clemente MS	8:15
Eastern MS	8:15
William H. Farquhar MS	8:15
Forest Oaks MS	8:15
Robert Frost MS	8:15
Gaithersburg MS	8:15
Herbert Hoover MS	8:15
Francis Scott Key MS	8:15
Dr. Martin Luther King Jr. MS	8:15
Kingsview MS	8:15
Lakeland Park MS	8:15
Colonel E Brooke Lee	8:15
A. Mario Loiderman MS	8:15
Montgomery Village	8:15
Neelsville MS	8:15
Newport Mill MS	8:15
North Bethesda MS	8:15
Parkland MS	8:15
John Poole MS	7:55
Thomas W. Pyle MS	8:15
Redland MS	8:15
Ridgeview MS	8:15
Shady Grove MS	8:15
Silver Creek MS	8:15
Silver Spring International	8:15
Sligo MS	8:15
Takoma Park MS	8:15
Tilden MS	8:15
Hallie Wells MS	8:15

Julius West MS	8:15
Westland MS	8:15
White Oak MS	8:15
Earle B. Wood MS	8:15

## PRINCE GEORGE'S COUNTY

Benjamin Stoddert MS	8:30
Benjamin Tasker MS	8:30
Buck Lodge MS	8:30
Charles Carroll MS	8:30
Drew Freeman MS	7:30
Dwight D Eisenhower MS	9:30
Earnest Everett Just MS	9:30
G. James Gholson MS	8:30
Glenridge Area MS	8:30
Greenbelt MS	9:30
Gwynn Park MS	7:30
Hyattsville MS	9:30
James Madison MS	9:30
Kenmoor MS	9:30
Kettering MS	7:30
Martin Luther King Jr. MS	9:30
Nicholas Orem MS	9:30
Non Traditional Program Middle	9:30
Oxon Hill MS	8:30
Samuel Ogle MS	9:30
Sonia Sotomayor MS @Adelphi	9:30
Stephen Decatur MS	9:30
Thomas Johnson MS	9:30
Thurgood Marshall MS	8:30
Walker Mill MS	9:30
William Wirt MS	8:30

## QUEEN ANNE'S COUNTY

Centerville MS	8:50
Matapeake MS	8:00
Stevensville MS	7:40
Sudlersville MS	7:30

## SOMERSET COUNTY

Somerset Intermediate	7:20
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## ST MARY'S COUNTY

Chesapeake Public Charter	8:03
Esperanza MS	7:10
Leonardtwn MS	7:05
Margaret Brent MS	7:55
Spring Ridge MS	7:05

## TALBOT COUNTY

Easton MS	7:35
St Michaels MS/HS	7:50

## WASHINGTON COUNTY

Boonsboro MS	8:45
Clear Spring MS	8:40
E. Russell Hicks MS	7:30
Northern MS	7:30
Smithsburg MS	8:40
Springfield MS	7:35
Wester Heights MS	7:25

## WICOMICO COUNTY

James M. Bennett MS	8:15
Mardela MS/HS	7:45
Pittsville MS	8:00
Salisbury MS	7:45
Wicomico MS	7:45

## WORCESTER COUNTY

Pocomoke MS	8:10
Snow Hill MS	8:00
Steven Decatur MS	7:30