



Health, Safety and Equity in Education

Statement in response to the MCPS Board Meeting Vote on Bell Times

February 10, 2015

We are deeply disappointed by today's vote by the MCPS Board of Education. By passing a token 20-minute delay, they fell 45 minutes short of the 8:30 am opening bell guideline set by the American Academy of Pediatrics. Board members ignored the parents, who were overwhelmingly in favor of later start times for teens. They ignored the research, which overwhelmingly supported later start times for teens. The problem of sleep deprivation has not been solved and it will go away. And neither will we.

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Healthy Hours is the Research and Education Arm of Start School Later, Inc.

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