



**Maryland | Statewide**

health, safety and equity in education

## Permanent Daylight Saving Time vs Public School Hours in **Maryland\***

Under permanent Daylight Saving Time, the latest winter sunrise in Maryland, would be between 8:25-8:35 a.m., depending on location.

Civil Dawn is the approximately 30 minutes before sunrise, when it is possible to see without artificial illumination.

How much earlier before sunrise or civil dawn, are students waiting for buses or walking to school?

**RED** = School starts before winter sunrise. **GREEN** = Start times after winter sunrise.

<u>County/School District</u>	HS start time or start ranges	MS start time or start ranges	ES start time or start ranges
Allegany County	7:40	7:40	8:00 to 8:45
Anne Arundel County	8:30	9:15	8:00 to 8:30
Baltimore City	7:30 to 9:00	7:30 to 9:15	7:30 to 9:15
Baltimore County	7:10 to 7:45	7:40 to 8:30	8:35 to 9:20
Calvert County	7:25 to 7:40	7:22 to 8:25	8:30
Caroline County	7:50	7:40	9:00
Carroll County	7:30	8:25 to 8:35	7:45 to 9:30
Cecil County	7:40	7:50-8:10	9:00
Charles County	7:25 to 8:05	7:45 to 8:50	8:30 to 9:30
Dorchester County	7:50 to 8:15	7:55 to 8:05	8:30 to 9:00
Frederick County	7:30	8:00	8:20 to 9:00
Garrett County	8:25	8:30	8:15 to 8:40
Harford County	7:30	8:15	9 to 9:30
Howard County	7:50	7:50 to 8:30	8:30 to 9:25
Kent County	7:45	8:40	8:00 to 9:00
Montgomery County	7:45	7:55 to 8:15	9:00 to 9:25
Prince George's County	7:30 to 9:30	7:30 to 9:30	7:30 to 9:15
Queen Anne's County	7:35	7:45	7:30 to 8:55
Somerset County	7:30	7:20	8:00
St Mary's County	8:00	7:05 to 7:55	8:25 to 9:00
Talbot County	7:45 to 7:50	7:45 to 7:50	8:40
Washington County	8:45	7:20 to 8:45	7:30 to 9:15
Wicomico County	7:45	7:45 to 9:15	8:15 to 9:15
Worcester County	7:48 to 8:07	7:30 to 8:00	7:45 to 8:30

\* based on 2024-2025 school start time data collected by SSL Maryland

*Start School Later, Inc., is a 501(c)(3) non-profit organization that works at local, state, and national levels to raise awareness about and advocate for safe and healthy school hours. Start School Later, StartSchoolLater.net, and the Start School Later logo are the trademarks of Start School Later, Inc. and are used here with permission. The statements made here by the Maryland chapter are not necessarily those of Start School Later, Inc.*