

Phyllis Payne is a Health Educator and Science Writer with extensive experience in community health education and outreach. Phyllis is a co-founder of [SLEEP in Fairfax](#), the advocacy group that successfully ushered in healthy school start times in Fairfax County, VA. As a contributor and editor for the American Institutes for Research, Phyllis worked with the National Heart Lung and Blood Institutes' "Health Topics" - an online health resource for patients, caregivers, and the public. Phyllis also served as a health educator, program planner and Interim Associate Director of the National Kidney Disease Education Program.



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