

Jared M. Saletin, PhD

*Assistant Professor of Psychiatry and Human Behavior  
Alpert Medical School of Brown University*

*Associate Director  
E.P. Bradley Hospital Sleep Research Laboratory*



Dr. Saletin is an Assistant Professor of Psychiatry and Human Behavior and the Associate Director of the E.P. Bradley Hospital Sleep Research Laboratory at Brown University. He holds a PhD in Psychology from University of California, Berkeley. Dr. Saletin's work investigates how sleep supports cognitive and brain function in child and adolescents. His current work is supported by an NICHD-sponsored R01 and investigates mechanisms of vulnerability and resilience to the effects insufficient sleep can have on attention and learning in adolescents. As a neuroscientist, Dr. Saletin has been committed to translating this mechanistic science to real-world educational consequences in the context of the sleep loss associated with school start times.