



**Amy R. Wolfson, PhD** is Professor of Psychology at Loyola University Maryland and an Adjunct Professor in the Department of Mental Health at the Bloomberg School of Public Health, Johns Hopkins University.

Over the last 30 years, her scholarship has focused on adolescents' sleep health and daytime functioning. She is one of the authors of the American Academy of Pediatrics (AAP) Policy Statement on School Start Times for Adolescents (2014) and co-edited *Sleep Health's* special issue on adolescent sleep and school start times. Dr. Wolfson's current collaborative work is examining the sleep health and environment for youth residing in Maryland's Department of Juvenile Services (DJS) facilities, and she is part of a multidisciplinary team developing *Fostering Sleep*, an evidence-based sleep-health education program for foster parents and staff.